

Basic Emergency Preparedness

EGO CHECK *Leave it at home. More critical, Know your limits.*

SITUATIONAL AWARENESS

- Basic situational awareness sometimes inaction is the best action
- Be locally aware
- Communication
- Pay attention to the weather if no other news
- News and Weather Social Media sites
- Triangle of survival Safety/Core temp? Food and Water (RESCUE)

Preparing your Car

- Know where you are going
- Your care is not just conveyance; It's your first GHB
- The half tank Rule
- General Maintenance
- Tires and a Full-Size Spare
- Check that EGO Know your driving ability
- Have a Car Emergency Kit LIST PROVIDED
- Kit Maintenance Keep it sealed, Cleaned up to date (food), and Charged
- Paper Maps and at least three pre-planned routes home and to work or to essential points. Drive each route regularly (road work etc.)

Preparing your home

- How do you come and go
- Exterior Lighting
- Shrubs and Landscaping
- Food/Water/Shelter
- Outdoor cooking and the fire pit
- Signs
- Doors and windows
- Door Locks and Blocks
- Sheds and tools
- Neighbors and a village mentality

Kits for all occasions

- Cheap is Cheap, and Cheap can be bad
- IFAK and Boo Boo Kits (you need both)
- Car Kit List
- Home Kit List
- EDC Pocket list
- GHB Get Home Bag/Bug Out Bag