

What is a Get Home Bag?

In many common disaster scenarios, it doesn't make sense to evacuate your home. It will generally be safer to stay on your home turf, in your home in your ready-made shelter with all your basic needs at arms reach. Or there may not have been adequate warning of the disaster, so it is too dangerous to leave.

Even if you plan to evacuate, your P.A.C.E / Preparedness might include regrouping with family members at home first. **THE FACT IS, you need to make sure you can get home during a disaster!**

A Get Home Bag (GHB) is meant to help you make your way home during or in the aftermath of a disaster.

This list is not the gospel, as my grandmother would say. Instead, they are a starting point and a way to get you thinking about your needs, and your plans and kits will reflect your knowledge, ability, and moral compass.

My G.H.B and B.O.B are basically the same kit because they contain mainly the same items and because our plans are to get home and Bug In. If the time to Bug Out comes 99% chance, I will **NOT** be doing it on foot. I will be using my vehicle, so the Truck becomes my B.O.B

On that note, if I am out and about, my E.D.C Every Day Carry is meant to do one thing get me to my vehicle, be it just avoiding a disaster or a mob scene or having to fight my way to the vehicle to escape!

Your Get Home Bag should also look like a standard backpack, messenger bag, or similar. You don't want any backpacker-style packs or camo bags as these would draw attention to yourself. Read about the best survival backpacks to buy

How Hard Is It to Get Home in an Emergency?

Before we talk about what to pack, let's go over some of the scenarios which might make it hard to get home.

These scenarios can help you better plan what to pack in your get-home bag.

Natural Disasters

Your first priority should be to seek shelter. Only after the disaster is over should you try to get home.

Once the immediate threat is over, you face the challenge of getting home. This may be easy or not, and this is where having a good plan, multiple routes, home paper maps, Compass GPS, Land navigation skills, and listening to local radio reports will be key!

What to Pack?

We hope you will find our checklist helpful. But please remember that this checklist is only meant as a guideline to get you thinking.

Checklist:

****Keep a GHB in your vehicle, at work, at school, ETC.***

- **Respirator mask:** Disasters can mean toxic debris or chemicals get into the air. Respirator masks (N95 rating) are small yet very effective at filtering out airborne hazards.
- **All Leather Work gloves:**
- **Boots: Heavy Duty work boots, Military or Hiking boots**
- **First aid kit: [IFAK](#) and Boo Boo Kit [EXAMPLE](#)**
- *You will want to make sure you have basic medication, in your boo boo kit Aspirin, Tylenol, Ibuprofen, etc as well as at least a seven-day supply of any prescriptions you need.*
- ***My IFAK contents list Here***
- ***My Boo Boo Contents List Here***

- **Multi-tool Fixed Blade Knife and or Breaching Tools based on your moral compass**
- **Water + water purification tools filter,tablets etc. Sillcock Key for water from buildings etc. (ALL water should be treated and Purified)**
- **Flashlight/Headlamp**
- **Military Poncho and Poncho Liner AKA Woobie**
- **Fire Starter Kit *What in my Fire Starter Kit Here***
- **Emergency Whistle**
- **Gorilla tape 1' and 2' wide Various Zip Ties**
- **Glow Sticks RED and Green**
- **Emergency radio**
- **Emergency food MRE or high calorie easy to prep food**
- **Back Packers Stove for cooking in nonpermissive environments**
- **Cash and your Credit Cards**
- **Identification of two Forms Copies of vital documents hard copies as well as copies on a thumbdrive and on your phone**
- **Shelter *Think something to sleep on sleep in and sleep under***
- **Nylon or Gortex waterproof Bivy sack**
- **Sleeping bag:**
- **Hand warmers:** Good for winter GHBs. These electric hand warmers are awesome!
- **Two-way radio:** Don't count on your cell phone working during an emergency. Some people recommend carrying a pre-paid phone card in their GHB. I would rather have a two-way radio for contacting loved ones. *These are regulated by the FCC in the United States but in a true emergency All bets are off This is not legal advice just my opinion you should get an amateur radio license if you plan to use these regularly*
- **Toilet paper/baby wipes are what I prefer**
- **Basic Hygiene Toothbrush Floss ETC**
- **Sewing Kit**

- **Personal Defense:** Besides a firearm, you might consider pepper spray or a taser.
- **Pen Pencil Write in the rain notepad**
- **[Bible](#) or other Moral boosting reading material**
- **[Pocket Ref](#)**